

Activities undertaken in connection with psychological consultation in the project PARCOP

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Activities undertaken in connection with psychological consultation in the project PARCOP. Family intervention includes mainly supporting, advising parents due to disfunction of the system, in which the child with behavioral disorder is the weakest point, element. Advising parents in solving their personal problems is frequently one of the first therapeutic tasks. Moreover during the behavioral therapy they are equipped with knowledge, skills and effective educational methods, effective communication with the child and negotiation strategies, useful in dealing with problems. The offer is addressed to people willing to improve their parental skills and competences. They have opportunity learn ways how to motivate children, developing their competences, supporting development, positive attitudes, self perception. Program aims to make parents familiar with psychological process, responsible for behavior disorder, suggesting ways of leading to better relationship between child and parent. Another element is help in terms of self learning, self diagnoses of the parents participated in the project. By offering psychological help we aim to improve social skills of the parents. They frequently need support, basic information about employment and welfare benefits. This kind practical help is also important, because it helps to amend the system in which the child grow up.